

Lewistown Center

ALL MEALS SERVED WITH 1% MILK WHOLE GRAINS MARKED WITH *

March

Monday	Tuesday	Wednesday	Thursday
<p>3-2 B. Green eggs, ham, mandarin oranges, crackers*, milk L. Tuna noodle* w/ veggies, orange, milk S. Carrots & celery, hard boiled eggs, water</p>	<p>3-3 B. Yogurt, granola*, mixed berries, milk L. Ham & cheese sand*, tossed salad, apples, milk S. PB & banana burrito*, water</p>	<p>3-4 B. French toast*, pears, milk L. Chicken noodle w/ veggies, breadsticks*, apples, milk S. Cucumber, cheese stick, water</p>	<p>3-5 B. Banana bread*, applesauce, milk L. Spaghetti*, green beans, tropical fruit, milk S. Oranges, Goldfish*, water</p>
<p>3-9 B. Oatmeal*, oranges, milk L. Mac & cheese* w/ ham, broccoli, apples, milk S. Peppers, cheese stick, water</p>	<p>3-10 B. Cheerios*, bananas, milk L. Chicken & rice*, green beans, seasonal melon, milk S. Yogurt, granola*, water</p>	<p>3-11 B. Pancakes*, mango, milk L. Beef vegetable soup, rolls*, oranges, milk S. Grapes, graham cracker*, water</p>	<p>3-12 B. Bagels* w/ cream cheese, applesauce, milk L. Beef & bean quesadillas *, carrots, apples, milk S. Celery, peanut butter, water</p>
<p>3-16 B. Cream of Wheat*, oranges, milk L. Beef & noodles*, broccoli, tropical fruit, milk S. Cucumber, Goldfish*, water</p>	<p>3-17 B. Yogurt, granola*, peaches, milk L. Turkey & cheese sand*, tossed salad grapes, milk S. PB & banana burrito*, water</p>	<p>3-18 B. French toast*, pears, milk L. Potato & ham soup w/ veggies, breadsticks*, oranges, milk S. Carrots & celery, hard boiled eggs, water</p>	<p>3-19 B. Pear bread*, applesauce, milk L. Pizza, peppers, tropical fruit, milk S. Apple, cheese stick, water</p>
<p>3-23 B. Cheerios*, oranges, milk L. Chili, crackers*, carrot sticks, tropical fruit cocktail, milk S. Cucumber, cheese stick, water</p>	<p>3-24 B. Cottage cheese, crackers*, pear, milk L. Chicken enchilada w/ rice*, green beans, seasonal melon, milk S. Pretzels*, peanut butter, water</p>	<p>3-25 B. Cheese quesadillas*, fruit cocktail, milk L. Grilled cheese*, tomato soup, oranges, milk S. Banana, graham cracker*, water</p>	<p>3-26 B. Zucchini pineapple bread*, applesauce, milk L. Tacos w/ shell*, lettuce, apples, milk S. Craisins, turkey roll-up, water</p>
<p>3-30 B. Yogurt, mandarin oranges, cinnamon breadstick*, milk L. Meatloaf, green beans, tropical fruit, crackers*, milk S. Apple, Goldfish, water</p>	<p>3-31 B. Crispy rice cereal*, bananas, milk L. Chef salad, crackers*, seasonal melon, milk S. Carrots, cheese stick, water</p>		

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